TOOTH WHITENING

Have you ever experienced sensitivity from tooth whitening products?

A bright, white smile is a beautiful sight, but tooth whitening procedures can lead to tooth sensitivity and white spots before and after whitening.

**MI Paste™ / MI Paste Plus™**

- Helps soothe sensitivity
- Forms a buffer against plaque
- Helps restore calcium and phosphate to the teeth
- Helps strengthen tooth enamel

Additional Recommendations:

**MI Paste Plus™** contains 900ppm fluoride (almost same amount as regular fluoride toothpaste). **MI Paste™** does **not** contain fluoride.
Using MI Paste™ / MI Paste Plus™ before and after bleaching, alleviates tooth sensitivity and restores oral balance. With on-going use after tooth whitening treatment, MI Paste™ / MI Paste Plus™ helps maintain a bright, white smile.

Easy At-Home Application
MI Paste Plus™ is recommended for patients age six and older. Use regular MI Paste™ for patients under the age of six and for expectant mothers.

Squeeze a small amount onto finger. Apply to teeth using finger to spread over all tooth surfaces. Leave for at least 3-5 minutes. Expectorate (spit) but do not rinse. Leave the excess to slowly dissolve.

How Often
Before and immediately after bleaching, and then as needed.

When
During whitening treatment, following removal of the whitening tray or as directed.
If used before the whitening tray, wait one hour before whitening.
After whitening treatment, as needed.

How Long
Several days or up to 2 weeks, depending upon severity of sensitivity.

How
Finger application or custom tray application.

Other
If you use your whitening tray for MI Paste™ / MI Paste Plus™, still apply with finger then insert the tray and leave in for 5 minutes. Remove tray, and expectorate (spit) to remove excess paste. Make sure whitening tray is clean before and after using MI Paste™ / MI Paste Plus™.

CAUTION: If you use an "at home" whitening product, please consult your dental professional before using MI Paste™ or MI Paste Plus™.

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