

# GASTRIC REFLUX



## *Do you have indigestion or upset stomach symptoms?*

If you suffer from gastric reflux, stomach acid can reach your teeth. This acid can eat into them and cause minerals, mainly calcium and phosphate, to be lost from your teeth. This is known as dental erosion. Over time, if it continues, your teeth will lose enamel, then dentin and may appear thinner, yellow and/or shorter. Your teeth may also be sensitive once the enamel is lost. It's important to prevent dental erosion from happening to keep your teeth healthy.

### **MI Paste™ / MI Paste Plus™**

- *Helps minimize dental erosion by buffering against acid*
- *Helps strengthen teeth*
- *Helps supply calcium and phosphate to replenish minerals that were lost*



MI Paste Plus™ contains 900ppm fluoride (almost same amount as regular fluoride toothpaste). MI Paste™ does **not** contain fluoride.

**GC**  
**MI Paste™**  
**MI Paste Plus™**

SKU #690512



If you have gastric reflux its important to see your physician for treatment to prevent gastric reflux from happening and to treat it if it does. To prevent your teeth from being damaged by stomach acid present as a result of episodes of gastric reflux, its important to make sure enough minerals are present to help protect the surfaces of your teeth. MI Paste™ / MI Paste Plus™ restores minerals (calcium and phosphate) that help strengthen your teeth.



### Easy At-Home Application

*MI Paste Plus™ is recommended for patients age six and older.*

*Use regular MI Paste™ for patients under the age of six and for expectant mothers.*



Squeeze a small amount onto finger.



Apply to teeth using finger to spread over all tooth surfaces.



Leave for at least 3-5 minutes. Expectorate (spit) but do not rinse. Leave the excess to slowly dissolve.

#### How Often

Minimum twice daily.

#### When

Morning and evening; after episodes of reflux.

#### How Long

On-going, as needed.

#### How

Finger application or custom tray application.

#### Other

See your physician for advice and treatment on gastric reflux. Do not drink or eat acidic foods and drinks as these will increase the amount of acid in your mouth. Use sugar-free chewing gum to stimulate saliva and help protect against acid.

**GC**  
**MI Paste™**  
**MI Paste Plus™**

Ask your dental professional today how MI Paste™ and MI Paste Plus™ can help you!

Learn more at [www.mipaste.com](http://www.mipaste.com)  
or [www.gcamerica.com](http://www.gcamerica.com) or call  
800.323.7063